



primrose
hospice

Care Compassion Community



Create a legacy that lasts

A guide to leaving a gift in your Will to
Primrose Hospice & Family Support Centre

About Primrose Hospice

At Primrose Hospice we are honoured to be able to support patients with life-limiting illnesses and families, providing them with the care and support they need during difficult times. Primrose Hospice is an independent charity and relies heavily on support from the local community. We have to raise over £1.95 million each year to continue to provide our services free of charge for all patients and families.

Leaving a gift in your Will in a wonderful way to support a charity that is close to your heart, helping them to continue their work after you are gone for those that need it.

Your gift could... support patients living with life-limiting illnesses such as palliative heart failure, lung conditions, cancer, and neurological conditions to attend our **Day Hospice**. Here patients and, where appropriate, their carers have the opportunity to socialise and learn techniques to help:



- ♥ Meditate
- ♥ Prevent falls
- ♥ Undertake gentle exercise
- ♥ Manage feelings of extreme tiredness
- ♥ Relax

Our Clinical Team will often offer sessions to help patients and their carers understand their journey and plan the future.



Your gift could... help patients, carers and bereaved children access **counselling and therapy** from our highly trained team of staff and volunteer counsellors. The following questions often worry hospice patients and families:



- ♥ What happens if I cannot cope at home?
- ♥ What do we say to the children?
- ♥ How can I talk to those close to me?
- ♥ How will we cope financially?

There are occasions when the family needs are more complex. Living with serious illness can affect every aspect of peoples' lives. These stresses and strains can become difficult to cope with and talking to a counsellor, either individually or with other family members, can often help with this.

Your gift could... provide sessions aimed at promoting physical, psychological, emotional and spiritual **wellbeing**. We offer support groups designed to improve **wellbeing** and combat loneliness and isolation, such as:

- ♥ Yoga
- ♥ Tai Chi
- ♥ Arts Therapy
- ♥ Therapeutic Singing
- ♥ A range of complementary therapies
- ♥ Men's and Gals groups & more



Why should I make a Will?

A Will is one of the most important documents you will ever create

It ensures that after your death your money and possessions are passed on to the people you choose, in the way you want. However, there are more benefits to having a Will than you might think.

- ♥ To ensure you provide for loved ones
- ♥ To help reduce family disputes
- ♥ To safeguard your family home
- ♥ To minimise Inheritance Tax liability
- ♥ To make smaller gifts to friends, family or a beloved charity
- ♥ To put the people you trust in charge of your affairs

Inheritance Tax is a tax on the estate of someone who has died, including property, possessions and money. The standard Inheritance Tax rate is 40%. It's only charged on the part of your estate that's above the tax-free threshold.

We recommend you speak to a solicitor to discuss the best option for you and your loved ones.

Did you know...

by leaving a gift in your Will to a charity you may be able to reduce your tax liability? Money that you leave to a UK-registered charity will not count towards the total taxable value of your estate – and can be transferred, 100% free from inheritance tax. Leaving just 10% of your estate can reduce your Inheritance Tax from 40% to 36%





"If it wasn't for the staff at the **Day Hospice** my mental and general physical health would be a lot worse. I feel I can talk about anything and get the advice I need."

"I can't talk enough about the wonderful people at Primrose and the services they provide. My wife found great friendship and solace there during her illness and they have helped me and my children massively since she passed. **They really care!**"

"My husband attending Day Hospice has made such a difference to both of us, For me it gave me time to exercise and have downtime, **which really helps.**"

How to make or amend your Will

Choose a solicitor or professional Will writer that you trust and that suits your circumstances. This is vital to ensure all legal formalities are carried out and your Will is valid.

Before your appointment there are some important things to consider:

- 1 Value your estate** – A rough valuation is enough at this stage. Include property, savings, pensions, investments, your car and your business if you have one.
- 2 Decide how to distribute** – Who would you like to benefit from your Will and how?
- 3 Consider remembering a charity** - After you've looked after your family and friends, you may wish to leave a gift to a charity close to your heart. The donation can be as small or large as you like.
- 4 Name the executor** - If you don't name an executor in your Will, or you die without a valid Will, an executor will be appointed by a probate court. It's normally a close family member, but they have to accept the role.
- 5 Consider your digital assets** – With increasing frequency we are storing information, heartfelt memories and financial assets online. Many overlook these assets but you could consider sharing them with loved ones after your death. They could include social media accounts, music and photo collections, personal emails, or household information.
- 6 Storing your Will** – Your solicitor can talk you through your options for safely storing your Will in a way that will ensure it is easy for your executor to find.

Leaving a gift to Primrose Hospice

If you would like to leave a gift of any size to Primrose Hospice you can do so by naming us in your Will. You will need the information below to ensure your gift reaches us safely.

Primrose Hospice & Family Support Centre
St. Godwalds Road, Bromsgrove, B60 3BW
Charity number 700272



primrosehospice.org

T: 01527 871051



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