

# PRIMROSE HOSPICE COPPICE CENTRE

Primrose Hospice can help you and your family with:

- Practical help
- Complementary therapy
- Family support
- Benefits advice
- Counselling
- Bereavement support

As a charity, all of Primrose Hospice's services are free

However, if you wish to make a donation please speak to a member of staff or visit [primrosehospice.org](http://primrosehospice.org)

## CONTACT US

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Registered charity No: 700272



## PETAL



A support group for parents experiencing trauma around adult loss

Bereavement  
group

# WHAT IS PETAL GROUP?

Petal Group is for parents experiencing trauma around adult loss.

Petal is a support group for parents who have experienced the death of a child.

The group provides an opportunity to share, gain support and to meet other people that have had similar experiences of grief.

# AIMS OF THE GROUP

The aim of Petal is to provide a safe environment where people can talk together, share experiences and express emotions.

In return the group offers friendship, support and a 'listening ear'.



PETAL Sessions are available:

# FAQS

## Who can attend?

Anyone who has experienced a bereavement of a child or adult child.

## How can I attend?

Anyone who has experienced a bereavement can self- refer by contacting our Family Support Team.

Alternatively, you can ask any education, social care or healthcare professional to make a referral on your behalf.

## Do I need to book?

After your referral has been completed by a member of the Family Support team you can attend sessions.

## Is there a time limit for this group?

This is a closed therapeutic group facilitated by our volunteer counsellors.