

# Complementary Therapies

The Primrose Hospice Complementary Therapy Service adopts an 'integrated medicine' approach to complementary therapy which is defined as:

Complementary therapies do not offer a cure, but can bring relief for some specific symptoms, and side effects of medications or medical treatments. It also offers emotional support during difficult times.

Our Complementary Therapists are fully qualified and experienced practitioners, who volunteer their services for free at the hospice. Complementary therapies provided at Primrose include:

- acupuncture
- aromatherapy
- healing
- homeopathy
- Indian head massage
- massage
- reiki
- relaxation
- reflexology

Services are also available for carers, and for support in bereavement. Our service is free of charge, although donations are always welcome.



The service is targeted at meeting the needs of patients and their families, and is monitored and supervised. Above all, the safety of therapies is our paramount concern. A full assessment is carried out with everyone who is referred, before setting up a treatment plan which is then regularly reviewed.

To access our Complementary Therapy Service, referrals are usually made by health professionals. However, self referrals may also be accepted.

**Please contact our Complementary Therapy Co-ordinator, on 01527 889799 to discuss.**

**For more information:  
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